

## ONE THING AT A TIME

### Acts 6:1-4

Recently studies have shown that multi-tasking is really a myth. It seems that multi-tasking is actually just “switch-tasking” and when we engage in this practice five distinct negatives take place: 1. An increase in the time it takes to complete the given task. 2. A noticeable decrease in productivity. 3. A prominent increase in stress levels. 4. An increase in the likelihood that mistakes happen. 5. When we engage in this practice it is actually detrimental to our brains because we are not focused on the task.

**Exodus 18:13-23** We are often given advice for many things. Not all advice should be taken but all advice should be considered. Jethro gave Moses good advice but also suggested to Moses that he should make certain that the advice must be of God's will before Moses acted on it.

**I Corinthians 12:1-7, 25** It is obvious that the Holy Spirit gives each member specific spiritual gifts in order that no one person in the body be overloaded with too much responsibility and thus 'burn out'.

### LACKING ONE THING

**Luke 18:18-23** Here is a perfect picture of lost people who think they have need of nothing (**Rev. 3:17**). Some people think because they go to church, keep the golden rule, have plenty of material possessions and are in good health they are on the road to heaven. Putting faith in earthly things will nor ever replace trusting fully in Jesus Christ for salvation. Looking for what “we can do” in order to get to heaven and not relying on “what has already been done” is a mistake many people make.

### ONE THING I KNOW

**John 9:25** The blind man knew that he once was blind. He knew that Jesus caused him to receive sight. He was not bashful in telling others that it was Jesus who gave him his sight.

**Isaiah 42:6-7** Jesus came into the world to be a light to those of us that were lost. Lost people are in darkness and in Satan's prison until the light of Christ shines on them and they begin to walk in light.

**John 9:26-33** The man who was blind was not afraid to take a stand, lose his standing in the temple, and rebuke those that questioned him about Jesus being a sinner.

**Luke 19:10** Jesus goes about seeking all who are spiritually blind and in need of His touch in order to have spiritual sight and be saved.

### ONE THING IS NEEDFUL

**Luke 10:42** It is certainly true that in this life we have many cares and responsibilities that must not go undone. However, Jesus reminds Martha, one thing is most important above all and that is Jesus.

**Luke 10:41** Jesus tells Martha that she is “troubled about many things.” Jesus was telling her that she had put all the peripheral mundane things of the present ahead of the top priority thing of the eternal.

**Matthew 6:31-33; Luke 12:16-21** There are many scriptures that tell us not to place all our attention and energies into the things of this world, especially the basic requirements of life. We must place our priorities on the eternal and spiritual things and trust His promise of providing for His children.

**Matthew 11:28-30** Jesus tells us when we are so weary and loaded down with the cares and burdens of this life we should accept His invitation to learn more about Him and let Him carry the load with us.

### ONE THING DESIRED

**Psalms 27:4** David's desire was to be constantly aware of the presence of God in his life. He wanted to have sweet fellowship and communion with God and God's people and be taught in the temple.

**Hebrews 10:24-25** As believers God expects us to desire His fellowship and His teaching along with fellow believers in the church house each and every time that we can.

**I Timothy 2:8** It is God's desire that we want to have fellowship with Him and communicate our love, honor, worship and cares to Him through prayer time.

### ONE THING I DO

**Philippians 3:13** The correct application here is that Paul never forgot his failures in his past but he did not allow the guilt or condemnation from those failures to get in his way of moving forward in his quest of serving God. Paul's focus was on preaching the gospel to every person he could. Using Paul as our example we must learn from our mistakes and move forward in our service for God and for others.