

MOVING ON **(Philippians 3:13-14)**

It is certain that one of the most harmful things that believers can do to their spiritual relationship and walk with God is to get caught up dwelling on past failures and sins. We often dwell on what happened yesterday, last month, or even years ago. When we worry so much that it affects our peace with God and our testimony we are sinning because we are not believing God's promises.

FORGETTING

Philippians 3:13 Before Paul was saved there were many things Paul did that he was not proud of.

Romans 7:18-21 Later in Paul's Christian life he had sin problems still just like we do.

II Corinthians 2:10-11 Paul knew that he was a sinner and knew that God would continue to be merciful and forgiving because of Christ's finished work at Calvary. Paul also was well aware of Satan's devices. Where we often fail spiritually is not recognizing who the enemy really is.

I Peter 5:7-8 We have been instructed in the scriptures to give our troubles and worries to God.

Matthew 11:28-30 We have a God that is concerned for our eternal and internal rest and peace.

I John 1:9 Jesus took care of all our sins at Calvary and whenever we sin all God wants from us is to recognize our failures and bring them to Him in order that He is recognized as our Father and Lord.

John 10:10 What believers must do is remember that it is not God giving these bad memories to us but it is the one who desires to shake us, demoralize us, and take peace and rest from our spiritual life.

Hebrews 8:10; 10:17 If God has not only promised to forgive our sins but also to forget our sins isn't it a sin to dwell on our sin issues and allow it to affect our relationship with God and hurt our ability to be a faithful witness and servant for Him?

PRESSING ON

Acts 18:5 The word 'press' has a meaning of pressure, or to pursue earnestly. Paul felt "pressed" to preach even though his words went unheeded. Every day we must make the choice to 'press on' with our spiritual growth, our service, our witness, to take a stand, to do right, It is a choice we must make.

I Corinthians 9:24-27 Paul tells us that when we decide to 'press on' it will be a battle. We need to have the will to run, to stay in spiritual condition and stay disciplined in our mind and body.

II Timothy 1:6-9 The first thing for us to see in these verses is that God has not given us a spirit of fear. When we understand this we should immediately see that the bad thoughts are coming from Satan. God does not cause the doubts, the fears, the low self-esteem, the depression and hurt that comes with dwelling on sins and failures in our life.

II Timothy 1:7 Notice what God gives us in order to move forward and press on into our spiritual gift and service for God. 1. He gives us Power 2. He gives us Love 3. He gives us A Sound Mind.

Power: Acts 1:8; John 14:26 We have been given God's Holy Spirit power to witness, to serve and where we get conviction and reproof. He gives us the mind of Christ in that He is our spiritual teacher.

Love: Galatians 5:22; John 15:12 God has given us the miracle of love. We can love God, love our neighbors, love our brethren, love our enemies, we can teach and preach and rebuke in His love.

A Sound Mind: Romans 12:2 We can have a transformed mind by learning the scriptures thereby knowing what is the acceptable and perfect will of God.

James 4:7; II Corinthians 10:4-5 Paul tells us in his Epistles that we are in a spiritual warfare and the biggest battle that we face is the battle for our mind. By submitting to God we can have the victory.

Philippians 4:6-8 Paul tells us that we can have a mind that has a peace that the world cannot have if we pray earnestly and humbly giving God all our problems and think on things that God approves of.